

**COMING UP!**

**Men's Singles - Saturday, July 26 8 a.m.**

**Comedy Night - Saturday, July 26, 8 - 11p.m.**  
**GLP Party Band**

**Theater Performance - Sunday, July 27, 4 p.m.**

**Ponytails/Hot Flashes -Tuesday, July 29, 9 a.m.**

**YC Registration - Friday, August 1, 2 - 3:30 p.m.**

**Adult/Child Tennis - Saturday, August 2, 8 a.m.**

# GROTON LONG POINT NEWS

Volume 65

July 25, 2008

Issue # 5



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Frank Mason recently celebrated his 80th birthday in a special way. Traditionally, he has spent his birthday on board his own boat. Since he recently sold his boat, as an alternative, he and Cynthia chartered the schooner Mystic Whaler out of New London and invited their extended family of 44, ages 6 to 90 years of age, to come aboard for a cruise around our familiar waters. Ted Knowlton of local fame was on board with a combo to entertain them with their favorite old songs. Family members paid tribute to Frank with original songs, poetry and glasses raised on high. They ended the evening back at GLP with cake and coffee.... On Sunday, August 10th from 5:00 to 7:00 PM, in the Dodd Room, the Association has invited everyone to a gathering to honor outgoing officers Ed Bogdan, Joe Birmingham, Roger Chericoni, and last year's retirees Jill Norris Demetri and Gordon Lange. There will be light refreshments served.... Grandsons, Gunner and Sam Erdman, are visiting Tony and Carole Erdman. The boys are 14 and 10 and are

busy fishing, sailing, playing tennis, swimming, biking, skateboarding and generally taking in all that GLP has to offer. They will be here for three weeks of fun. The boys live in Kailua-Kona, Hawaii with their mom and dad, Tony, Jr. and Amy.... Carol Johnson wrote a very nice note from South Lake, Texas to the GLP News asking us to thank the GLP lifeguards for their kind assistance to her 85 year old mother, Jessie Salmon. Jessie has been a GLP regular since pre-school days and she continues to swim here because of what she believes are the benefits of the cold water. Carol believes that those who are here for our assistance go above and beyond the call to keep us all safe. And we agree with that sentiment and will pass on her good wishes and thanks to both the lifeguards and the police....

**Tennis Tournament Ages**

The adult tennis tournaments are for participants 16 years old and up, no exceptions. Also, if a 16-year old decides to participate in an adult tournament, he/she cannot participate in the kids' (13-16) tournaments.

**SWIM MEET**

- 5 & 6 Dead Man's Float Girls**  
 1. Brooke Latone **Boys** 1. Aiden Sullivan 2. Jack Kane **Back Float Girls** 1. Margaret Donahie  
 2. Rebecca Sargent 3. Caitlin Reardon **Boys** 1. Aiden Sullivan/ Jack Kane 2. Griffin Ruling  
 3. Graham Anderson **Doggie Paddle Girls** 1. Caroline Versaci  
 2. Margaret Donahue **Bryn Pierce/Rebecca Sargeant Boys** Graham Anderson 2. Griffin Ruling  
**Kickboard Girls** 1. Bryn Pierce 2. Caroline Versaci 3. Maggie O'Leary **Boys** 1. Griffin Ruling  
 2. Graham Anderson **Crawl Stroke Girls** 1. Lauren McCandless  
 2. Margaret Donahue **Boys** 1. Jack Kane 2. Aiden Sullivan  
**7 & 8 Deadman's Float Girls**  
 1. Evalise Hall 2. Allie McCandless 3. Lily Cooper **Boys** 1. Mikey Kane 2. Sam Battles 3. Paddy Mahoney  
**Crawl Sprint Girls** 1. Caroline Reyda 2. Violet Abad 3. Grace Narducci **Boys** 1. Mikey Kane 2. Jack O'Leary 3. Paddy Mahoney  
**Back Float Girls** 1. Caroline Reyda 2. Alyssa Hall 3. Allie McCandless  
**Boys** 1. Jack O'Leary 2. Sam Battles 3. Matthew Donahue **Elementary Backstroke Girls** 1. Caroline Reyda 2. Eirs Borgh 3. Beatrice Anderson **Boys** 1. Paddy Mahoney 2. Clayton Latone 3. Jack O'Leary **9 & 10 Back Stroke Sprint Girls**  
 1. Haven Miller 2. Grace Miller **Boys** 1. Jack S.... 2. Ethen Sales 3. Drew Coe  
**Breaststroke Girls** 1. Embla Borgh 2. Katie Cooper 3. Arianna Hall **Boys** 1. Thomas Breck 2. Jack Sergeant 3. Ethan Sales **Crawl Sprint Girls**  
 1. Katie Cooper 2. Embla Borgh 3. Haven Miller/Kailey Sullivan **Boys** 1. Thomas Breck 2. Ethan Sales 3. Drew Cole **Elementary Backstroke Girls** 1. Katie Cooper  
**Long Distance Girls** 1. Embla Borgh 2. Arianna Hall 3. Kailey Sullivan **Boys** 1. Thomas Breck 2. Jack Sargeant 3. Drew Cole **11 & 12 Breast Stroke Girls** 1. Kyle Kingston 2. Maddie Mahoney **Crawl Sprint Girls** 1. Maddie Mahoney 2. Kyle Kingston 3. Annie Deliso  
**Back Crawl Sprint Girls** 1. Kyle Kingston 2. Rebecca Grandaho 3. Annie Deliso **Elementary Backstroke Girls** 1. Maddie Mahoney 2. Annie Deliso 3. Rebecca Grandaho  
**Long Distance Girls** 1. Rebecca Grandaho  
**No boys entered in 11 & 12**  
 Reporting & spelling by YC staff



Matt Krenicky & Elizabeth Zick, misidentified last week as Jen. Sorry!

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## Our House at the Point

This week's column spotlights an original house here at the Point: 1 Sound Breeze Avenue, one of our earliest, built in 1915. The current owners, Carole and Gordon Lange, have worked countless hours in the last 33 years to make this home comfortable and beautiful for their family of 4 children. In 1996, the Langes embarked on a major update which reconfigured the function of several rooms to accommodate their family's changing needs: the arrival of grandchildren and the need for home offices due to Gordon's retirement as a Navy officer, and Carole's completion of her teaching career. The amazing part of this story?

After 93 years . . . from the outside, this house looks almost unchanged! The interior also boasts original floors, wood trim, glass window panels and light fixtures in several rooms - - - still in wonderful condition. And although Gordon is primarily responsible for the magnificent flowers and shrubs which beautify this home, one feature of the landscaping dates back in time - Carole pointed out an apple tree on the property which she said is 'as old as God!'

Designer Kevin Tubridy considers this house to be one of his favorites on the Point, and appreciates the way it is grounded and "falls down to the earth" - a look that is achieved because the house has a wide wing span of roof lines set on a large, two lot site. The Lange house is low slung - which is

typical of the classic cottage design. Kevin said that this old time cottage look is difficult to recreate in new construction when you are building on a smaller lot - the design becomes tall and narrow, and takes on a suburban form, rather than a cottage form.

This house was originally built as a year-round home - providing the basement's coal bin as a modern day natural wine cooler! Built-in shelving and furniture, a window seat, orange and knotty pine woods, and a 'milk entrance' continue to this day to add character to this cozy home. But the ravages of time have left their mark on the way the structure has settled - - - the Langes love to show visitors some of the walls and door frames which now stand at startling angles. As you enter the basement,

where Gordon has a workshop and dries flowers over the winter - the trim sits at about a 20% angle from the door. Sturdy and safe - but remarkable!

Carole and Gordon have named their wonderful home "Sea Story" - referring both to her love of literature and his years at sea, generating many a tall tale. Thinking back on the first time she saw this house, Carole laughs about it now . . . Captain Lange reassured his tearful wife, 'Don't worry - we'll never live here! This house will just be an investment.' And an investment it has been - of hard work, preservation, restoration and 33 years of family living . . . a story of love.



## Yolanda "YoYo" Carroll

Long time Groton Long Point Resident



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KEITH BRIDGHAM  
JOHN HOLGREM

## THE BUSY JUNIOR SAILORS

Our Junior Sailors have been busy! Opti, 420 and Blue Jay sailors have spent hours on the water, training and racing amongst themselves and traveling throughout Long Island Sound to compete in local regattas. These regattas host some of the best sailors in the area, and our sailors have faced a host of crazy wind conditions. They battled with the best of them.

The Opti sailors have been very active within the regatta circuit, participating in two within the past week. First, last Thursday seven of our sailors traveled to Watch Hill Yacht Club where the wind climbed quickly before evening out at an impressive 20 knots! With white caps in the harbor and waves crashing over the bows of their boats, our sailors eagerly prepared to race. When the green (beginner) fleet was cancelled, our bravest beginners switched into the racing fleet (typically reserved for sailors who have completed one year of racing) to face the wind and try their

hand at heavy wind racing.

Nate Washburn and Emmet Hannigan (having only been in an Opti for a week) joined Eskil Borgh in the racing fleets where they all did an amazing job. This high level of competition impressed us all, and was a great show for the parents and other sailors who joined the instructors on the water watching!

After a great barbecue, Alec Kingston and Sarah Hannigan joined the races, and as the waves heightened and the wind grew stronger our sailors continued to smile and have a great time. Alex Burkard did a great job helping the instructors "rescue" the "swamped" boats (all of them! Thanks Alex!) and after a fun awards ceremony the fleet headed home.

This past week the Opti fleet found themselves being towed to Fisher's Island regatta, where they were faced with a completely different situation: no wind at all! Swimming ensued, and after lunch the sailors headed out to face the

other trophy hungry sailors.

In green fleet, Nate, Emmet, Alec and Alex had strong finishes in the top 10 of a fleet of 36, and Lily Pillari followed closely behind. In Blue Fleet was Sarah Eskil and Jennifer Newman, again racing against tough competition and doing a great job.

The Blue Jays and 420s also had a regatta recently, the annual Groton Long Point Jr. Regatta. With little and heavy currents, the fleet toughed it out and were rewarded by an afternoon breeze that grew steadily. Newcomers to the 420 boat Robert Breck and Matthew Falkner had a strong 8th place

finish, and our 4 Blue Jays proved that GLP will continue the tradition of racing these great boats. Congratulations to all sailors who participated! And a special thanks to all parents who helped out with lunches; they were much appreciated. Our experienced 420 sailors are currently participating in Larchmont Junior Race Week, and we hear they're having a great time! The Commodores Cup is this coming Sunday, and we would love anyone who is interested to come out to the race course and watch our young sailors compete with the GLP A fleet!



Above and below the JR. Sailors at work!



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Sunday morning proved to be a tough assignment because both the Men's and Women's Doubles finals were scheduled to start at 9 a.m.

So first I tried to watch the women for a while but there were some oohs and ahs coming from the men's side so I rushed over there but then heard some cheers from the women's side and rushed back over to that match. Trying to watch two matches at once proved too much for me so I enlisted Sally Huss and Peggy Hill to help out with some notes on the respective matches.

In the Women's, In the first set, there were long exchanges and beautiful classic tennis strokes on both sides. It was 3 all when Linda Johnsen and Suzanne Ellery pulled ahead for a 6-3 win by displaying deep

penetrating ground strokes and very aggressive play. Colleen Motta and Meg Newell hung in with angles, spins, changes of pace and backcourt scrambling.

In the 2nd set Linda and Suzanne led 5-0. Colleen and Meg came back to 5-2 but Suzanne and Linda closed it out at 5-2.

In the Men's Bobby Congdon and Tom Sullivan took on Matt Krenicky and Pat Gothie. In the first set all were on serve at 2-2 when Matt lost his serve for the break. With Tom serving at 4-3 Matt had some great alley shots but Bobby had excellent protection of his alley. Bobby and Tom won the first set, 6-4, with great service from Bobby. They also won the 2nd set at 6-3. Not enough room to describe all the shots but it was great tennis.



**“FROM THE ARCHIVES”**

Groton Long Point is so beautiful to those who have joined this community lately in the 21st century but it was such a different scene in the beginning of the 20th century. So many people added their remembrances of what it was like then in the book, Groton Long Point, Fifty Years and Then Some.... This next remembrance was given to the book by George Peck.

“ My father, Dwight Peck, bought a lot on East Shore near the entrance gates in 1910, before I was born. He also bought an old house built of pegged, hand-hewn timbers. He had the house barged in because the track through Haley Farm was too narrow and rough. In 1944 the old house burned and we replaced it.

When I was a little fellow, Dad took me crabbing in the upper Lagoon, then a saw grass marsh. For safety, he tied me to the stern seat. Somehow I managed to fall overboard. Dad reached in and pulled me out by the hair, and went on crabbing. He made so little of it that I didn't know I should be scared.

We lived in New London, but Dad couldn't wait to get to the Point. We had an outhouse, no water piped in, two rain barrels and a fireplace. But we came as soon as the weather broke in March when the bar-

rels no longer froze, stayed in the summer and fall until we froze to death and then back to New London.. In spring and fall we used the trolley to get to school in New London.

On Venetian Night I had the rowboat decorated with candlelit Japanese lanterns. I rowed around to the Lagoon through the tide from our East Shore dock. Mother had me done up in sailor's uniform. I rode around the Lagoon on parade, then home again. I didn't think of it as extra effort because we lived in the rowboat.

For a haircut, Mother would make a sandwich and I would row around Noank Point to town dock, tie up and walk up Main Street to Roy Abate's shop. Roy took the adults in his chair first and we children expected that. If we were lucky he got to us before noon. If not he went home, had lunch, and took each of us when he got back. Then on the way home, we stopped off the stern of the ALICE PENDLETON, found a line to climb aboard, and played pirate, skin head and all.

We used to row over to Fisher's Island. Sometimes at night we would get tired, crawl under the thwarts and sleep until sunup. We were old enough then so that our parents didn't worry.”

Did he say, “Row to Fisher's Island?”

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**More Family Night**



**Valerie Stowe's  
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We all know gardening is my passion. So much so that I went back to landscape designing school at forty and changed my career from nursing to designing gardens.

In nursing you take care of people, diagnose, care for them, help them deal with wounds and disease. With plants you do exactly the same things, and they don't talk back. Plus the plant must do exactly what you tell it when you fertilize and water. As long as you start with a healthy plant you are golden. People can be more difficult.

Sometimes you start with a plant that looks great when you get it, and there is simply nothing you can do as it starts to decline, but some you can bring back from near death, all of that that's nursing in a sense,

Gardening is also a research experiment of sorts. Every year I plant many new and different plants with the idea that if they don't work, next year you don't use the same plant; or perhaps next year you try a different variety.

I have always loved the plant Impatiens 'Lucy,' commonly known as Impatiens. I know they are considered common, but they have their place. You simply can't beat them for annual color in the shade. Plus nothing else grows next to the North side of my garage.

For the last several years I have played with different varieties of 'Impatiens', the 'rose bud' impatiens is beautiful, but doesn't compete with the species variety in rate of

growth, and gets over taken if they are planted together. Plus, double flowering varieties are sterile, so they don't self seed, a feature I like in the species because as they spread their seeds the new plants fill in holes over the summer; and the seeds do sometimes live to the next year. Watch those seeds though, they travel quite a distance.

Some that I have tried are the "African Orchid" varieties, beautiful but difficult as is another called 'African Queen'.

I do love the I. "rose bud" varieties, and new and better ones are coming out all the time, but they like to be planted by themselves. No competition and they are gorgeous!

All love rich, well drained soil, mites can be a problem, but a spray with soap based spray takes care of that; and a shaded location is essential for all but New Guinea Impatiens, which tolerate sun well.

Exploring the varieties within a plant family can be rewarding, and you can have great finds with all the experimenting you can do.

\*The flower in the bouquet at 'Hello Summer' many of you asked me about, was 'Spirea'. It is a flowering shrub, of which there are many interesting varieties, and colors of foliage. Do be aware that the spent flower heads (seeds), do spread the plant far and wide, very generously.



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**Mussels --**

A perfect summer meal serves 2-4  
 Panko are large flaky bread-crumbs. They make a far superior stuffing ingredient, light and crunchy, rather than finely ground bread crumbs that can become soggy and heavy and absorb the delicate flavor of the mussels.

4 pounds mussels (depending on the size figure about 12-15 to a pound)

- 3 Tablespoons olive oil
- 3 cloves garlic (more or less to your taste) – minced
- 1 cup Panko
- One-half cup torn basil, parsley, tarragon – any one or combination of fresh herbs + herbs for garnish
- One-half teaspoon kosher salt
- One-half cup white wine, dry or sweet vermouth

Dump mussels into a large colander, leave cool water running, scrub shells and remove beards. Submerge in cool water and let sit undisturbed for about 20 minutes. Lift mussels out of water and rinse once more under cool running water. Drain and pat dry. Keep chilled and dry until ready to use.

Heat a sauté pan over a medium heat, add 2 table-spoons olive oil and half of the garlic, it will sizzle immediately,

remove from heat and swirl pan to cool and prevent garlic from browning. Add Panko, herbs, salt, and mix to form stuffing. Set aside.

Use a pot you would use to cook pasta, heat over a medium high flame, add oil and garlic, when the mixture is sizzling about 1-2 minutes, increase heat to high, add the mussels, and shake the pot to coat the mussels with the olive oil and garlic. After 3-4 minutes add wine, cover and cook until shells open, another 3-4 minutes. As soon as the shells are open, take pan off heat, and remove mussels with a slotted spoon to a large platter. Detach the shell halves, place mussels in their shells on a baking sheet or large casserole in one layer. Strew stuffing over mussels and place the pan under a broiler (broil on low, 2 racks below the top) for 3-5 minutes, until the crumbs begin to brown. Serve hot with a garnish of a few more torn basil, parsley, or other herbs. To make this a perfect summer meal, serve the mussels with my favorite summer drink. Pour a splash of Campari in a champagne glass and fill with chilled Prosecco. Enjoy!

**GRAPE NOTES**

*John Lombardo*



Perhaps you have heard of ABC wines. Here the ABC stands for Anything But Chardonnay. This is not to disparage chardonnay, but sometimes you just want to try a white wine that's a bit different.

And that brings us to albariño. Albariño is a white wine grape indigenous to Spain. Let's get the pronunciation out of the way; it is ahl-buh-reen-yo. This white wine grape is also grown in Portugal where it is called alvirinho. Albariño translates to, "the white from Rhine." Some think the albariño grape is a clone of Germany's famed Riesling grape, hence the allusion to the Rhine sector of Germany.

Albariño flourishes in the northwest of Spain in an area called Galicia. There, the climate is fairly severe and typified by rain (some fifty inches per year) and dampness. The albariño's thick skin helps it tolerate the damp conditions.

Albariño wines have pronounced aromas of peach and apricot with hints of almond and

orange blossom. The wine is dry and has clean flavors and rich, ripe fruit. There can be a touch of bitterness in the finish ("finish" is a wine term that describes the lingering taste in the mouth after the wine is swallowed). Despite the strong aromas and flavors, the wine is medium bodied and its high acidity gives the impression of freshness. This acidity makes the wine a great match for all kinds of seafood. The wine is meant to be drunk within a couple of years of the vintage date on the bottle when the fruit and aromas are at their heights.

Albariño has become Spain's most distinctive white wine. Recently a few California vintners have produced wines from the albariño grape. It has also made a beachhead in Australia.

Next time you are in your wine store, make a visit to the Spanish section and see if you can procure a bottle of Albariño. The grape name will appear prominently on the label and it should set you back less than \$20.



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*What are those Ponytails up to? A surreptitious request to print the above crossed our desk this week? What could it mean to the grudge match with the Hot Flashes?*



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## Class A Reports

### Sandpiper Wins Commodore Cup, Besting the Winds of Change

Mother Nature (MN) was fooling around again last Sunday as eight stalwarts gathered for the annual Commodore Cup Race. In the beginning there was almost nothing, a soft up and down, 3-6 mph southwesterly. An ambitious course of Seaflower, Intrepid, Dumpling Bell and home was set and the fleet headed slowly out into the stiff ebb tide.

Sandpiper, Kip and Marie Wiley's Ginger and Washburn's Kite led the way as the wind shifted more southerly and puffed up a bit. Most trailing boats tacked over with the wind shift and, eventually, there were two fleets. Kittiwake, with an all-Fisher crew, Ginger, and Skimmer, aimed by Tom and Pete Murphy, held to the south while the rest chose the north side of the course. Slowly, Mother Nature turned down the fan on the latter group and turned it up for the former. Southwest for the northerners and mostly south for the southerners. (Sounds like a plan!) And the current raged on. And, there were invisible walls out there. Walls of wind. Sail through a wall and the world changes. Kittiwake, the early



leader of the southerners, did it a few times and, as those who ignore the errors of history are condemned to repeat them, it wound up sailing past North Dumpling twice, going in the same direction. In the meanwhile, Ginger and Skimmer, both crews being conversant with invisible walls, managed to stay on the good side of MN and make their way toward Seaflower in the modest breeze. The northerners, having slogged their way west, flipped over to the starboard tack and ran the current to the mark. At which time, MN turned up all the fans, allowing Sandpiper to glide past Seaflower from the west, as Woody Bergendahl pried his long-crossed fingers apart, and Ginger to round from the south, followed closely by Skimmer, a bit ahead of Kite which managed to approach from the east. (Think MN wasn't having fun)? Kite faked Skimmer at the

turn and moved into third as the latter's crew, not having any of their sisters aboard, abandoned the spinnaker and started on the chips. Kittiwake was a distant next, with Petrel close behind. Sanderling was covering the retreat. A now brisk spinnaker run to Intrepid, and home on the shortened course saw Petrel best Kittiwake off Westons Point. Cormorant, with Bo and Matt Rath and James Wasmer aboard, got stuck in a windless current early on and was dragged in by a good samaritan. They secured the boat and went to the Main Beach just in time to see full spinnakers running down the sound. Bummer!

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